



# Long Branch High School December 2022

Together We Can. Juntos Nós Podemos. Juntos Podemos




## Handcrafted Deli Sandwiches

Assorted Deli Meats and Cheeses  
Assorted Fresh Toppings and Spreads  
Choice of Tuna or Egg Salad Daily  
Assorted Wraps, Rolls and Bread



## Cheese and Pepperoni Pizza Plus, Hawaiian Pizzas

**Monday:** Chicken Fajitas Pizza  
**Tuesday:** Green Chili Chicken Pizza  
**Wednesday:** Huevos Rancheros Pizza  
**Thursday:** Mexican Chicken Tinga Pizza  
**Friday:** Chicken Bacon Ranch Pizza

 <p>Scan to download the So Happy app from the App Store.</p>	<p>Visit: <b>SodexoMyWayfor NutritionInformation and more</b></p> <p><a href="https://longbranchps.sodexomyway.com">https://longbranchps.sodexomyway.com</a></p>	<p><u><b>Kick It Up a Notch</b></u> Spicy Siracha Sauce or Cilantro Lime Crema</p>	<p>12/1 Home Style Meatloaf w/ Gravy &amp; Dinner Roll Mashed Potatoes Buttered Golden Corn</p>	<p>12/2 Crispy Chicken Nuggets w/ Biscuit Seasoned Green Beans Crispy French Fries</p>
<p>12/5 Chicken Alfredo W/ Broccoli &amp; Dinner Roll</p>	<p>12/6 Chicken Fajita over Cilantro Rice Aztec Corn</p>	<p>12/7 General Tso's Chicken Fried Rice Steamed Broccoli</p>	<p>12/8 Crispy Chicken Nuggets w/ Dinner Roll Baked French Fries Buttered Carrots</p>	<p>12/9 <u><b>"Wing Bar"</b></u> Freshly Made Chicken Wings w/ Asst. Sauces Crispy Tater Tots Buttered Corn</p>
<p>12/12 Spaghetti &amp; Meatballs w/ Garlic Bread Steamed Mixed Vegetables</p>	<p>12/13 Macaroni &amp; Cheese w/ Dinner Roll Steamed Golden Corn</p>	<p>12/14 Penne Pasta w/ Meat Sauce w/ Garlic Bread Sautéed Spinach</p>	<p>12/15 Baked Ziti w/ Garlic Bread Stick Steamed Broccoli</p>	<p>12/16 <u><b>"Wing Bar"</b></u> Freshly Made Chicken Wings w/ Asst. Sauces Crispy Baked Fries Steamed Green Beans</p>
<p>12/19 Chili &amp; Cheese Loaded Tater Tots Southwest Black Beans</p>	<p>12/20 Sliced Turkey w/ Gravy Mashed Potatoes Steamed Green Beans Dinner Roll</p>	<p>12/21 Baked Potato w/ Chili, Cheese &amp; Toppings Steamed Broccoli</p>	<p>12/22 <b>HALF DAY</b> GRAB &amp; GO</p>	<p>12/23 <b>School Closed</b></p>
<p>12/26 <b>School Closed</b></p>	<p>12/27 <b>School Closed</b></p>	<p>12/28 <u><b>Available upon Request:</b></u> <b>Vegetable Burger</b> <b>Almond Milk</b> <b>Gluten Free Wrap</b></p>	<p>12/29 <b>School Closed</b></p>	<p>12/30 <b>School Closed</b></p>

Due to nationwide product and ingredient shortages, menus are subject to change based on product availability. Although menus may change, our teams are working hard to ensure that students still have access to a variety of well-balanced and healthy meal

## Sides Offered Daily with Lunch Choices

Fresh Vegetables, Specialty Made Salads,  
Assorted Fresh Fruits or Canned Fruits  
Assorted 100% Juices  
Assorted Low Fat and Skim Milks  
& Lactaid Milk